# Work, Energy and Power 

Course2 - After Newroz
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## WORK

- Introduction

You have always done work in our daily routine. But can you measure the amount of work you do on a given day?

In physics, work is said to be done when a force is applied on something and moves it through a distance that follows its direction..

When an object moves while a force is being exerted on it, then work is being done on the object by the force.
Work done When a force acts on an object and the object actually moves in the direction of force, then the work is said to be done by the force.
Work done by the force is equal to the product of the force and the displacement of the object in the direction of force.

## Note

- If you accelerate an object to a greater speed by applying a force on the object, you increase its kinetic energy K; you performed work on the object.
- Similarly, if you decelerate an object, you decrease its kinetic energy; in this situation, the object actually did work on you (equivalent to you doing negative work).
If an object moves in response to your application of a force, you have performed work.
-The further it moves under the influence of your force, the more work you perform.
-There are only two relevant variables in one dimension: the force, Fx, and the displacement, $\Delta \mathrm{x}$.


## Work

- There are only two relevant variables in one dimension: the force, Fx , and the displacement, $\Delta x$. Work done $=$ force $\times$ displacement ( $W=f$ * ) Definition: $\quad W=F_{x} \Delta x \quad$ [Units: N.m or Joule (J)]
$F x$ is the component of the force in the direction of the object's motion, and $\Delta \mathrm{x}$ is its displacement.



## WORK

- If under a constant force F the object displaced through a distance d , then work done by the force
$\mathrm{W}=\mathrm{F}^{*} \mathrm{~d}=\mathrm{Fd} \cos \theta$, where $\theta$ is the smaller angle between F and d
A joule is the work done when a force of one newton moves a body through a distance of one meter in the direction of the force.

$$
1 \text { joule }=1 \mathrm{~J}=1 \frac{\mathrm{~kg} \cdot \mathrm{~m}^{2}}{\mathrm{~s}^{2}}
$$

Other units of work include:
1 kilo joule $=1000$ joules $=10^{3} \mathrm{~J}$
1 megajoule $=1000000$ joules $=10^{6} \mathrm{~J}$
1 joule $=10^{7} \mathrm{erg}$

## Note

- Work done by a force is zero, if
(a) body is not displaced actually, i.e., $\mathrm{s}=0$
(b) body is displaced perpendicular to the direction of force, i.e. $\theta=90^{\circ}$
- Work done by a force is positive if angle between F and d is acute angle.
- Work done by a force is negative if angle between $F$ and $s$ is obtuse angle.

If several different (constant) forces act on a mass while it moves though a displacement d , then we can talk about the net work done by the forces,

$$
\begin{aligned}
W_{\text {net }} & =\mathbf{F}_{1} \cdot \mathbf{d}+\mathbf{F}_{1} \cdot \mathbf{d}+\mathbf{F}_{1} \cdot \mathbf{d}+\ldots \\
& =\left(\sum \mathbf{F}\right) \cdot \mathbf{d} \\
& =\mathbf{F}_{\text {net }} \cdot \mathbf{d}
\end{aligned}
$$

## Work Done By a Constant Force

Work done (W) by a force in displacing a body through a displacement x is given by
$\mathrm{W}=\mathrm{F} \cdot \mathrm{x}=\mathrm{Fx} \cos \theta$
Where $\theta$ is the angle between the applied force and body

$$
\begin{gathered}
w=\int d w=\int_{s_{2}}^{s_{1}} F \cos \theta|d s|=F \cos \theta \int_{s_{2}}^{s_{1}} d s=F \cos \theta\left(s_{2}-s_{1}\right) \\
\text { When } \theta=0^{\circ} \text { then } \mathrm{W}=\mathrm{Fx}
\end{gathered}
$$

- When $\theta$ is between 0 and $\pi / 2$ then
$\mathrm{W}=\mathrm{Fx} \cos \theta=$ positive
- When $\theta=\pi / 2$ then $\mathrm{W}=\mathrm{Fx} \cos 90^{\circ}=0$ (zero)

- Work done by centripetal force is zero as in this case angle $\theta=90^{\circ}$
$\therefore$ When $\theta$ is between $\pi / 2$ and $\pi$ then
$\mathrm{W}=\mathrm{Fx} \cos \theta=$ negative


## Examples of work done

- Positive work: when force and displacement are in the same direction, the work performed on an object is said to be positive work. Example: When a body moves on the horizontal surface, force and displacement act in the forward path. The work is done in this case known as Positive work.
- Negative work: Negative work is performed if the displacement is opposite to the direction of the Force applied. Example: Work was done the gravity on a rocket going perpendicular upwards.
- Zero work: When force and displacement are perpendicular to each other, or when force or displacement is zero. Example: When we hold an object and walk, the force acts in a downward direction whereas displacement acts in the forward direction.


## Examples 1

A constant force of 10 N acts on a body and moves it through 200 cm . find the work done.

## Examples2

Calculate the work done when a force of 30 N moves through a distance of 9 cm .

## Note:

If an object is raised vertically to a height, $h$ or falls freely from a height, $h$, then the force causing work to be done is its weight.

In such cases, we get the force from the formular below.
Force $=$ Weight $=$ mass $\times$ acceleration due to gravity,
Force $=$ Weight $=\mathrm{m} \times \mathrm{g}$

$$
\text { Force }=\mathrm{mg}
$$

Thus, the work done against gravity is given by;

## Work done $=$ Weight $\times$ height

Work done $=\mathbf{m g h}$
The value of acceleration due to gravity, $g=10 \mathrm{~N} / \mathrm{kg}$

## Examples3

A body of mass 5 kg is lifted through a distance of 6 m . Calculate the work done.

## Examples4

Sandra climbs a hill 300 m high. If her weight is 50 kg .

## Examples5

Mr. Okello of mass 80 kg runs up a staircase of 10 stairs, each of vertical height 25 cm . Find the work done against gravity.

