Chapter One

 Introduction

**Importance of psychology**

 **Psychology** is important to understand other people, the basics of society and human nature and all the things we do without thought.

**The origin of the term “Psychology”**

**Psychology** is a word deriving from ancient Greek :

**Psyche** – “soul” or “mind”

**logos** – “study”

\* German physician [**Wilhelm Wundt**](http://en.wikipedia.org/wiki/Wilhelm_Wundt) (1832 – 1920) is one of the founding figures of modern psychology. He founded the first psychological

Laboratory (1879) , at [Leipzig University](http://en.wikipedia.org/wiki/Leipzig_University).



**Psychology in the modern science**

 **Psychology** is The **science** of **behavior** and **mental Processes .**

**Goals of Psychology**

1. **Description** ( What is happening? )
2. **Explanation** ( Why is it happening? )
3. **Prediction** ( Will it happen again? )
4. **Control** ( How can it be changed? )

**GENERAL PSYCHOLOGY (Definition)**

**General Psychology** isthe study of the basic principles, problems and methods that underlie the science of psychology, Includes human development, emotions, motivation, learning, senses, perception, thinking, memory, intelligence and processing.