



Casework Skills

3rd Grade-1st Semester
Social Work Department- College of Arts
2024-2025

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Course overview:

Social work requires a diverse demand to the range of professional, emotional, and cognitive skills, therefore it is essential for social workers to have a natural aptitude. In this semester students will learn the basic of effective social work skills with an introduction to the case work skills and techniques. Addressing practical social work support through exploring basic ways of assessment, intervention, and evaluation. Accordingly students will be able to move beyond basic skills and will be able to use their practice experience in the field through active listening to the their clients, emotional intelligence when dealing with cases beside keeping the inner strength high, as well as critical thinking in exploring situations, organization in prioritizing cases, tolerance with difficult circumstances they face, setting boundaries for the their own work when assessing, empathy within the limits of their work with effective communication with their clients.

Objectives:

- Learning skills and professional development in practicing social work.
- Learning counselling skills.
- Learning skills profession in different levels of social work profession.
- learning skills in exploring with individuals throughout intervention.
- Identifying and explain different principles, skills, methods, techniques and helping model in working with individuals and groups.
- Improving self-awareness, selfcare & wellbeing.
- learn skills in dealing with sensitive cases and exploring alternative solutions.
- To learn skills in using the resources and demonstrating techniques used in working with individuals & groups.
- Understanding the importance of client- case worker relationship skills.

Course Method & Learning Activities

- Students will be expected to attend all lectures with a good preparation.
- This course is a participatory course that requires student engagement with further arguments, convincing debates & critical way of thinking.
- A mixture of different methods will be used in this course effectively including; individual assignments, group work, case studies, in-class activities, movies- short videos, and using Art role-play.

Student's Expected Obligations and in Class Rules:

- Attendance is expected at all lectures.
- Read the required articles and be prepared for discussions before attending the class.
- Avoid attending the lecture late!
- Do your best to be punctual when you are requested to submit assignments/ reports.
- Try your best to meet deadlines or you lose marks when providing assignments late.
- Make sure to mute or set your cell phones OFF during the class (Don't answer phone calls during the lecture).
- All students should use the official university E-mail and join the provided google class for soft materials and updates. Please use the class code: **gvk3s4y**

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The screenshot shows a Google Classroom interface. On the left, there are three panels: 'Meet' with a 'Generate link' button, 'Class code' showing 'aam4bm4', and 'Upcoming' with 'No work due soon'. The main area shows a class announcement from 'Dunya Salahdin Mirdan' at 9:00 AM, with the text: 'Hello my dear students! Welcome back to the academic year 2024-2025 Wishing you all success and best of luck! Dunya Mirdan'. Below the announcement is a text input field for 'Add class comment...'.

Assessments & Exams:

- %30 Exams
- %10 Attendance, in-class activity, group work, daily participation, report, quiz & (individual/ group) assignment.
- %60 Final Exam.

Main Books to be Used:

- Trevithick, Pamela, 2005. *Social Work Skills A Practice Handbook*, 2nd edition, USA university press.
- Chui, Wing, 2013. *School Social Work Current Practice and Research*, New York, nova Publisher.
- Dupper, David, 2002. *School Social Work, Skills & Interventions for Effective Practice*. United State of America, John Wiley & Song, INC.
- Jowett & Spray, 2012. *Social Work Practice with Children*, London, Sage.
- Parker & Bradley, 2011. *Social Work Practice Assessment, Planning, Intervention & Review*. 3rd edition, Exeter, UK, Learning Matters.
- Blyth & Milner, 1998. *Social Work with Children The Educational Perspective*. London, Longman.
- Knapp, Sarah 2003. *School Counseling and School Social Work Homework Planner*. United State of America, John Wiley & Song, INC.
- Sheafor. & Horejsi, 2006. *Techniques and Guidelines for Social Work Practice*. 7th edition, USA Priestley, 2008. *Disability a Life Course Approach*, UK, Cambridge.
- Holland., 2010, *Child & Family Assessment in Social Work*. London.

NOTE: additional articles to be provided thorough the course.

Weeks

Subjects

Week 1	Introduction to Course Objectives
Week 2	Introduction on value and knowledge foundation of social work profession,
Week 3	Principle of case work & Understanding Human Beings
Week 4	Communication & relationship skills in case work
Week 5	Process of case work, Intake stage
Week 6	Screening for GBV, Safety Assessment, & Safety Planning
Week 7	Investigation stage
Week 8	Diagnosing
Week 9	Trauma Informed Practice/Care
Week 10	Treatment stage/ empowerment & negotiation
Week 11	Monitoring & Evaluation
Week 12	Follow up & termination stage
Week 13	Direction & Guidance to support clients
Week 14	Application of case work (educational setting, family, institutions etc.)