

Course Description

Module:	Language:			
Environmental Science and Health Environmental Awareness	English			
Academic Year:	Semester:			
2024-2025	Second			
ECTS:	Prerequisite:			
3	-			
Lecturer in charge:	Department/ College:			
Assist Prof Dr Nashmeel Saeed Khudhur				
(Theory)				
Dr. Jamal Kamal Mohammedamin	Environmental Sciences and Health /Science			
(Practical)				
Contact:	Office hours:			
Nashmeel.khudhur@su.edu.krd	Thursday (8:30-10), Tuesday: (10:30-2:30)			
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Course Outcome:

Theory:

By the end of this course learners will:

- 1. Be introduced to the principles of environmental awareness.
- 2. Understand the meaning of some common terminology.
- 3. Have an awareness of the impact of environmental change.
- 4. Have an awareness of resource efficiency.
- 5. Identify practical ways to reduce environmental impacts.
- 6. Be able to characterize how it works and applied locally in Kurdistan.

- 7. Understand how the Environmental awareness can be measured and predicted.
- 8. Understand the environmental issues that we face and the causes behind them, as well as the problems caused by pollution and how they can be prevented.
- 9. Understand environmental laws and directives.
- 10. Know why minimizing energy usage is important and the benefits of doing so
- 11. Understand how businesses affect the environment and learn ways businesses can improve to have a more positive impact.
- 12. Learn how to save energy and water.
- 13. Understand the correct, safe waste management procedures.

Practical:

Upon completing a course on environmental awareness, students are expected to be able to:

- 1. **Understand the fundamentals of environmental science**: Recognize key concepts related to environmental systems, ecology, and the impact of human activities on the environment.
- 2. **Identify and evaluate environmental issues**: Develop the ability to assess local and global environmental problems, such as pollution, climate change, deforestation, and loss of biodiversity.
- 3. **Understand the importance of sustainability**: Understand the principles of sustainable development and how to apply them to everyday practices, ensuring long-term environmental balance.
- 4. **Demonstrate eco-friendly practices**: Implement sustainable practices in their personal and professional lives, such as waste reduction, resource conservation, and responsible consumption.
- 5. **Advocate for environmental protection**: Engage in promoting environmental awareness and solutions to local communities, organizations, or through public policy.
- 6. **Use environmental assessment tools**: Learn how to use methods and tools to assess environmental impacts, such as environmental impact assessments (EIAs), life-cycle analysis, and sustainability indices.
- 7. **Evaluate the role of government and policy in environmental protection**: Understand the role of legislation and international agreements in addressing environmental challenges.
- 8. **Analyze the links between human health and the environment**: Recognize how environmental issues, such as air and water quality, affect human health and well-being.

9. **Apply critical thinking to environmental decision-making**: Develop problem-solving and decision-making skills to address environmental challenges based on scientific data and ethical considerations.

Course Content (Weekly Plan):

Theory:

- Week 1: An introduction to environmental awareness
- Week 2: The environment at risk
- Week 3: Awareness about zoonotic and vector-borne diseases
- Week 4: Awareness about toxic metals and elements
- Week 5: Awareness about pesticides and other organic chemicals
- Week 6: Awareness about ionizing and nonionizing radiation
- Week 7: Water quality awareness
- Week 8: Air quality awareness
- Week 9: Solid and liquid wastes awareness
- Week 10: Food safety awareness
- Week 11: Occupational health awareness
- Week 12: Injuries with a focus on unintentional injuries

Note: Exams are arranging according to the time-table given by the Department at their time.

Practical:

- Week 1 (An introduction to Environmental awareness)
- Week 2 (Steps to Creating a Public Awareness Campaign)
- Week 3 (How to cultivate environmental awareness in schools or University)
- Week 4 (How to Start an Environmental Group in Your School or Community)
- Week 5 (social media as a Tool for Environment Protection)
- Week 6 (Exam)
- **Week 7 (Air Pollution-Awareness Project)**
- Week 8 (Water pollution awareness Project)
- Week 9 (Light pollution awareness Project)
- Week 10 (Noise pollution awareness Project)
- Week 11 (Environmental awareness Project at home)
- Week 12 (Environmental awareness Project at Kurdistan Environment Day)

References:

- Mumtahanah, A. and Puspitasari, D., 2024. THE DISCOURSE OF ENVIRONMENTAL AWARENESS IN ENGLISH TEXTBOOKS. *Brightness Journal*, *1*(2).
- Cetin, G. and Nisanci, S.H., 2010. Enhancing students' environmental awareness. *Procedia-Social and Behavioral Sciences*, 2(2), pp.1830-1834.
- Szeberenyi, A., Lukacs, R. and Papp-Vary, A., 2022. Examining environmental awareness of university students. *Eng. Rural Dev*, *21*, pp.604-611.
- Şimşek, Ş. and Açar, R., 2023. Environmental Awareness in Children's Books: An Analysis of Sally Morgan's "Discover It Yourself" Series from the Perspective of Raising Environmental Awareness. *Bulletin of Educational Studies*, *2*(1), pp.18-25.
- Li, Y., 2018. Study of the effect of environmental education on environmental awareness and environmental attitude based on environmental protection law of the People's Republic of China. *Eurasia Journal of Mathematics, Science and Technology Education*, 14(6), pp.2277-2285.
- Kountouris, Y., 2022. Awareness days and environmental attitudes: The case of the "Earth Hour". *Ecological Economics*, *195*, p.107367.
- Friis, Robert.H. 2019. Essentials of Environmental Health. Jones & Bartlett Learning, LLC. 410pp.
- Education, W.E., ENVIRONMENTAL EDUCATION AND AWARENESS. Agenda, 21, p.7.
- Narula, S., Rai, S. and Sharma, A. eds., 2018. Environmental awareness and the role of social media. IGI Global.
- Kokkinen, E., 2013. Measuring environmental awareness in the world (Master's thesis, E. Kokkinen).

Type of Teaching:

- 2 hours /Theoretical
- 2 hours /practical

Requirements for Credit Points:

Modules Course Requirements:

- 1. Students Attendance in class is important.
- 2. H.W.
- 3. Midterm exam.
- 4. Seminar.
- 5. Quiz.
- 6. Class discussion.

Grade Distribution:

The Grade Requirements

%50 Student Efforts

%50 Final Exam

Workload

Theoretical hours/week		Practical hours/week							
2		2							
ECTS:		Total number of credit hour							
	3 81			1					
Detail									
	Type	Number Time Factor		Total					
Theoretical Part	Mid Term Exam (Preparation + Practice)	1	5	Hours	5				
	Seminar (Preparation + Practice)	1	1	Hours	1				
	Homework (Preparation + Practice)	3	0.5	Hours	1.5				
	Quiz (Preparation + Practice)	5	0.25	Hours	1.25				
	Attendance (Face to face hours)	14	2	Hours	28				
Practical Part	Mid Term Exam (Preparation + Practice)	1	4	Hours	4				
	Quiz (Preparation + Practice)	5	0.25	Hours	1.25				
	Weekly Reports or H.W. (Preparation + Practice)	6	0.25	Hours	1.5				
	Other Activities (Seminar,) (Preparation + Practice)	2	0.25	Hours	0.5				
	Attendance (Face to face hours)	14	2	Hours	28				
Final exam (Preparation + Practical) 1 9 Hours		Hours	9						
Total Hours					81				

ECTS:		Total number of credit hour	Theoretical hours/week						
3		81	2						
Detail									
Type	Number	Time Factor		Total					
Mid Term Exam (Preparation + Practice)	1	15	Hours	15					
Seminar (Preparation + Practice)	1	5	Hours	5					
Homework (Preparation + Practice)	6	2	Hours	12					
Quiz (Preparation + Practice)	6	1	Hours	6					
Attendance (Face to face hours)	14	2	Hours	28					
Final exam (Preparation + Practice)	1	15	Hours	15					
Total Hours									