

Academic Curriculum Vitae



Personal Information:

Full Name: Manhal Nabeel Boya

Academic Title: Assistant Professor

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Mobile: 07504533745

Education:

Ph.D. Sport and Exercise Medicine

Feb 2018

Essex University, Colchester, UK

Master of Science in Physical Education

Feb 2008

Salahaddin University, Erbil, Iraq

Honours Bachelor of Science in Physical Education

Jun 2003

Salahaddin University, Erbil, Iraq.

Employment:

- Head of Quality Assurance & Curriculum Development
Physical Education & Sport Sciences College – Salahaddin University

Sept 2022

- Lecturer at College of Physical Education and Sport Sciences
Salahadden University – Erbil

May 2018

- Invigilator and student assistant, Mar 2017 – Apr 2018
Mohawk College, Hamilton, Canada
- Sport Scientist - Human Performance Unit Oct 2015 - June 2016
University of Essex, Colchester, U.K.
- Laboratory Assistant - Sport Science School Oct 2014 - June 2016
University of Essex, Colchester, U.K.
- Assistant Head of Department of Physical Education Oct 2009 – Dec 2012
University of Salahaddin, Erbil, Iraq
- Lecturer at Physical Education College Mar 2008 - Dec 2012
University of Salahaddin, Erbil, Iraq
- Assistant lecturer at Physical Education College Oct 2003 - March 2008
University of Salahaddin, Erbil, Iraq.
- Administration member of Ankawa Social Youth Club Aug 2005 - Mar 2008
Head of sport activities, Ankawa, Erbil, Iraq
- Tennis Player and Referee Feb 2000 - Oct 2010
- Badminton coach and Player at Akad Ankawa Sport Club Jul 2004 - Nov 2011
Ankawa, Erbil, Iraq.
- More than 18 years of experience in Sport Management and Physical education teaching in multi disciplines, including Fitness, Physiology, Football, Volleyball, Tennis, Badminton, and Futsal. I also have experience in conducting sport tournaments at university level, Sport Clubs, and Social Clubs.

Qualifications

- Digital and e-Learning teaching
- Bologna Process Expert
- Proposal Writing
- Instructional & Curriculum design
- Classroom management skills
- Preparing reports, lesson plans, presentations, etc.
- Excellent computer skills in E-mail and documentation, MS Word, Power Point, Excel, Google Drive, and search engine.
- Highly proficient in use of Microsoft Office programs (Word, Excel, PowerPoint)
- Fluent in Arabic and Chaldean
- Highly proficient in English (oral, written).
- Highly proficient in Kurdish (oral, written).

Teaching experience:

- Physical Fitness,
- Physiology
- Research Method
- Tennis
- Racket Games
- Wrestling

Research and publications

- *Cardiovascular Perceived Exertion and Blood Lactate Response after Badminton Matches*
Journal of Research in Physical Education, 2021
- تأثير تمارين هوائية بايقاع الزومبا في تحسين نسبة هورمون السعادة والحد الاقصى لاستهلاك الاوكسجين

- والحالة الوظيفية للقلب لدى ممارسي النشاط الرياضي

Journal of Physical Education Sciences, 2021

- *Information Acquisition Differences between Experienced and Novice Time Trial Cyclists*
Medicine & Science in Sports & Exercise, 2017
- *Feedback Restricted to a Single Source of Preferred Performance Information Improves Cycling Time Trial Pacing and Performance*
Medicine & Science in Sports & Exercise, 2016, Conference Paper
- *Somatic Symptoms and Functional Variations of Tennis Players*
Zanko Academic Journal, (March) 2011.
- *Impact of Repeated Games on Some Functional Indicators and the Rapidity of Motion Response for Badminton Players*
Al-Rafidain Journal for Sport Sciences, (April, 2010)
- *Effect of Aerobic Effort in Response to Some of the Variables Protein and Enzyme (GPT & GOT) in Football Players' Serum*
Iraq Academic Scientific Journal, (October, 2009)
- *The Effect of Highland Training On Maximum Speed and Speed Endurance time in Short Distance Sprinters*
Al-Rafidain Journal for Sport Sciences, (May, 2009)
- *Functional and Physiological Responses of Kidney After Table Tennis Match Effort*
Al-Rafidain Journal for Sport Sciences, (April, 2008)

Conferences and courses attended

- American College of Sport Medicine Annual Conference (Oral presentation) Jun
2016 Boston, U.S.A.
- Essex University Annual Conference (Poster)
Feb 2016 Colchester, U.K.
- Sport and Cycling Conference (Oral presentation) Jul
2015 Utrecht University, Netherlands
- Serious Sport Conference-Psychology of coaching (Poster) Oct
2014 London South Bank University, U.K.
- Sport Tourism Conference (Poster) May
2009 Yarmouk, Jordan

Funding and academic awards

- Poster Presentation Award October
2013 London South Bank University, London UK.

Professional Social Network Accounts:

- <https://scholar.google.com/citations?user=D4PgQVgAAAAJ&hl=en&authuser=2>
- <https://www.researchgate.net/profile/Manhal-Boya>
- <https://www.linkedin.com/feed/>