

**College of Education**

**Department of special Education**

وهزارهتی خویندنی بالآ و  
تویژینه وهی زانستی



**Subject**

**Developmental Psychology**

**adolescent stage**

**Second years**

**Second Course**

**. Lecturer's Name**

**Dr. MEDYA ABDULKHALIC OTHMAN**

**Academic Year: 2021– 2022**

**Course Book**

1.	<b>Course Name</b>	Developmental Psychology
2.	<b>Course Code</b>	
3.	<b>Lecturer in Charge</b>	
4.	<b>Department/College</b>	<b>College of Education, department of Special Education</b>
5.	<b>Contact information</b>	<b>e-mail:midya.2010@yahoo.com</b> <b>Mobile<sub>(optional)</sub>:07504659662</b>
6.	<b>Time(in hours) per week</b>	<b>Theory:3 hr.</b>
7.	<b>Office Hours</b>	Don't have
8.	<b>Teacher's Academic Profile</b>	PHD. In Psychology; Body dysmorphic disorder among female student. MSc. in Psychology; prefer characters in personality among student. BSc. Education Psychology.
9.	<b>Keywords</b>	Psychology, Development, developmental Psychology, Pre-birth, Newborn's life, Early childhood, Middle childhood and late infancy Adolescence.
10.	<b>Course Overview:</b>	At the end of this course the student should understand the development Psychology courses, and development Psychology is one of the psychological and behavioral sciences engaged in systematic study of behavior and mental processes. It is important to understand other people, the basics of growth and development of human physically emotionally, mentally and mortally in various stages of human life from zygote till old age.

	<p>development Psychology: is the branch in psychology that provide specific information About topics like (main approaches in development psychology, methods of research in this aria, Physical development, The emergence of language, Mental development, Social development,Emotional development and behavior development.</p>
11.	<p><b>Course Objective:</b></p> <p>The objective of learning General Psychologydescribes and explains the conceptals of Psychology, it will an attempt to:-</p> <ol style="list-style-type: none"> <li>1. Developing student’s English language.</li> <li>2. To familiarize the students with the basic concepts, perspective and methods of research in development psychology</li> <li>3. To prepare the students for further study of the advanced topics in development psychology</li> <li>4.To help the student understand and apply the science of development psychology in their Lives</li> </ol>
12.	<p><b>Course Requirement:</b></p> <ul style="list-style-type: none"> <li>- Attend Midterm and final exam</li> <li>-Attend the class regularly.</li> <li>-Submit the requirement homework on time</li> </ul>
13.	<p><b>Forms of Teaching Method and tools:</b></p> <ul style="list-style-type: none"> <li>-Lecture and Discussion</li> <li>-Book, Data show and Power point, white board...</li> </ul>
14.	<p><b>Assessment Scheme:</b></p> <p>Breakdown of overall assessment and examination</p>
15.	<p><b>Students Learning Outcome:</b></p>

communicate the intended learning to students and others

- Recognize the concepts of Development psychology.
- Outline the differences between types of research methods in development psychology.
- Select appropriate tools and technique to measure the human behavior.
- Make a more effective contribution towards the processes of development psychology.

## 16. Course Reading List and References:

### References

دافيدوف, لندال(1983) مدخل علم النفس, الرياض, دار المريخ

- د. شادلي عبد الحميد محمد « علم النفس العام » ط2، المكتبة الجامعية، الاسكندرية، 2000

- ميخائيل ابراهيم أسعد، مشكلات الطفولة والمرحلة، ط2، منشور ائدار الافاق الجديدة، بيروت،، 1991

- د. كاميليا عبد الفتاح، >>المراهقون وأساليب معاملتهم، دار قباء للطباعة والنشر، القاهرة 2002

- د. خليل ميخائيل معوض "سيكولوجية النمو الطفولة والمرحلة" دار الفكر الجامعي، ط3، 2004، جامعة الاسكندرية. مصر

- د. حامد عبدالسلامزهر انعلم نفسالنمو الطفولة والمرحلة"" عالم الكتب، جامعة عين شمس الطبعة 5، 1995

-Gill, J. S.(2002).Reported levels of alcohol consumption and binge drinking within the UK undergraduate student population over the last 25 years.

-Lenz, B. (2001). The transition from adolescence to young adulthood: A theoretical perspective. The Journal of School Nursing: The Official Publication of the National Association of School Nurses

-Psychology ,Sandura ,Glenn, (2006), Trinity university

-Sultana, M. (2005) A brief on reproductive health of adolescents and youth people , population council

-Demire, B.,Demire,H.Kaynak , Sonmez,E.I.(2010).Sense of identity and depression in adolescents, the Turkish Journal of pediatric

## 17. The Topics:

### Lecture Schedule

Week	Lecture Date	Number of hours	Topic
1		2	<b>Concepts Methods in Developmental Psychology</b> - أهمية دراسة النمو - the importance - أهداف دراسة النمو - the aims
		1	- مفهوم مرحلة النمو - the concept of stages
2		2	- المبادئ العامة للنمو - growth principles - العوامل المؤثرة في النمو - affected factors in growth Genetic, Environment, Organic,
		1	Growth, food/nutrition, Learning
3		2	الاتجاهات النظرية في علم النفس والنمو Theories of Development - الاتجاهات التحليلية Psychodynamic theories
		1	الاتجاه المعرفي Cognitive theories
4		2	الاتجاه النفسي - الاجتماعي Cultural theories -
		1	الاتجاه السلوكي -behavioural theories
5		2	مناهج البحث في علم النفس والنمو Research methods in developmental Psychology - المنهج الوصفي ( Descriptive approach ) ( الطريقة الطولية والطريقة المستعرضة ) - المنهج التجريبي Experimental approach -

		1	المنهج الاكلينيكي clinical approach
6		2	<p>خصائص مميزة للنمو</p> <ul style="list-style-type: none"> <li>- النمو الجسمي Physical development</li> <li>- النمو اللغوي The emergence of language</li> </ul>
		1	(النمو الانفعالي) (العاطفي) Emotional development
7		2	<p>النمو العقلي Mental development</p> <p>النمو الاجتماعي Social development</p>
		1	-same topic continue
8		2	<p>Adolescence stage</p> <p>definition of puberty</p> <p>سن البلوغ</p>
		1	Time periods of adolescent
9		2	<p>Physical changes</p> <p>Tanner Stages</p>
		1	<p>Two roles of hormones</p> <p>1.Organizational role</p> <p>2.Activational role</p>
10		2	<p>Impacts of puberty</p> <p>sleep, family relationship, peer relationship</p>
		1	<p>Timing - individual factors</p> <p>Genetic factors</p> <p>Environmental factors</p>
11		2	<p>Timing - group factors</p> <p>Across socioeconomic</p> <p>Across countries</p> <p>Across time periods</p>

		1	Same lesson continue.
12		2	Early maturation
		1	Late maturation
13		2	The second wave
		1	Same continue
14		2	(Pre) frontal development
		1	Heightened arousal
15		2	Timing of brain maturation
		1	Conduct problems
16		2	Teen pregnancy in US
		1	Consequences
17		2	Adolescent substance use
		1	Impact of substance abuse
18		2	Adolescent substance abusers
		1	Revision for final examination
19	Final Examination		

18.

### Examinations:

- 1- What is development Psychology?
- 2- What are the goals in development psychology ?  
Answer :
- 3-What is the Steps do scientists Follow Conducting scientific research?

19.

### Extra notes

