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**Academic Curriculum Vitae**

**Personal Information: **

Full Name: Qahar Ali Ahmed

Academic Title: Assistant professor

Email: qahar.ahmed@su.edu.krd

Mobile: 009647504536769

**Education:**

* Bachelor in Physical Education / Salahaddin University – Erbil 2005.
* Master degree in Physical Education / Salahaddin University – Erbil 2009.
* Ph.D. degree in Physical Education / Salahaddin University – Erbil 2014.

**Employment:**

* Employed in Physical Education / Salahaddin University – Erbil 2009 until present.
* Registration administrator from 2010 until 2011.
* Head of individual games department from 2017 until 2023.

**Qualifications**

* Teaching method qualification at Salahaddin University in 2011.
* English language qualification at Salahaddin University language center (pre-intermediate) level 2013.

**Teaching experience:**

* Taught the following undergraduate courses (track and field- second grade) and (Exercise science – fourth grade).

**Research and publications**

* The effectiveness of competition-style exercises in developing the performance of some basic soccer skills.
* The Effect of Dynamic Style in Developing Legs and Arms Muscle Strength in Performing Javelin Throw for Physical Education College Students.
* The effect of plyometric exercises on some physical variables and the achievement of a 200-meter run.

**Conferences and courses attended**

* Physical Education and Sport Science conference ……….2019

**Professional Social Network Accounts:**

* <https://scholar.google.com/citations?user=MPHT_MkAAAAJ&hl=en>
* <https://www.researchgate.net/profile/Qahar-Ahmed>
* <https://www.facebook.com/Dr.Qahar>
* https://orcid.org/my-orcid?orcid=0009-0002-4533-6950