

10 Habits of Successful Students

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HABITS

SUCCESS





The Secret to Success





PLAN



SUPPORT



VISION



IDEAS



SUCCESS



STRATEGY



MOTIVATION



TEAM

**ACTION
PLAN**





SUCCESS

A 3D illustration on a white background. On the right, a white cylindrical platform has the word "SUCCESS" written on its top surface in large, bold, red, 3D block letters. On the left, four yellow, stylized human figures are working together to build a path of interlocking puzzle pieces. The path starts from a white cylindrical base on the left, which has several puzzle pieces (purple, blue, cyan) on top. One figure is placing a cyan piece. The path continues with red, orange, and yellow pieces, leading towards the "SUCCESS" platform. The figures are positioned along this path, with one carrying a green piece towards the end.

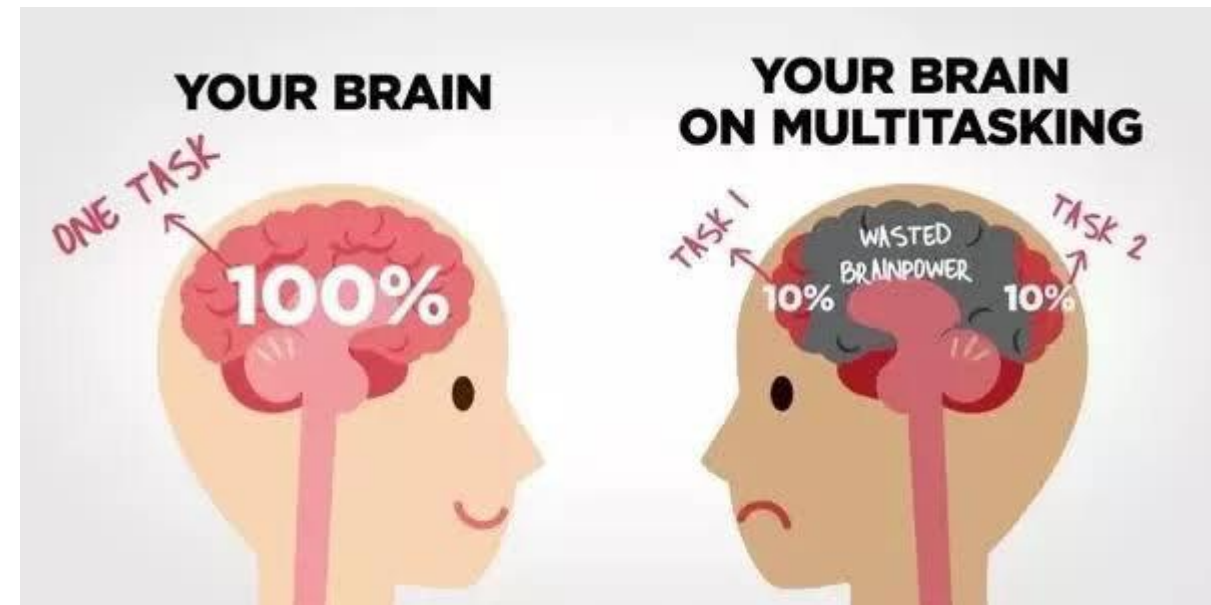
10 HABITS OF SUCCESSFUL STUDENTS

1. Get Organized. Making a plan for what you're going to do and when you're going to do it will make sure you're always ahead of the curve - literally.



10 HABITS OF SUCCESSFUL STUDENTS

2. **Don't multitask.** Studies have shown that multitasking is physically impossible.



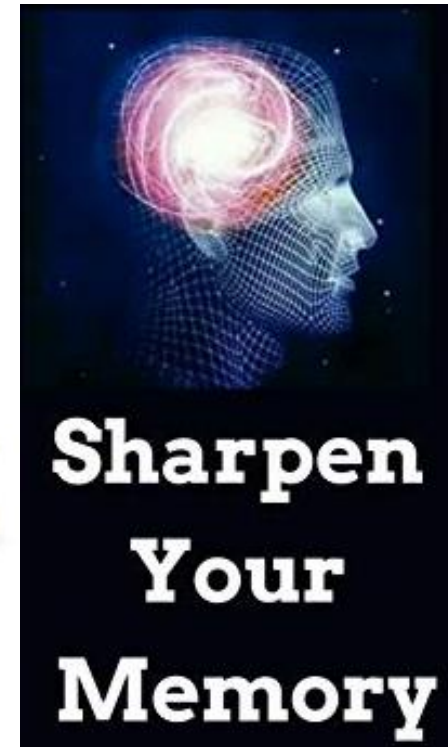
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3. Divide it up. Studying isn't fun to begin with, and forcing yourself through a study marathon will only make it worse. Dividing your work into manageable chunks and rewarding yourself when you finish each chunk will make studying (more) fun.



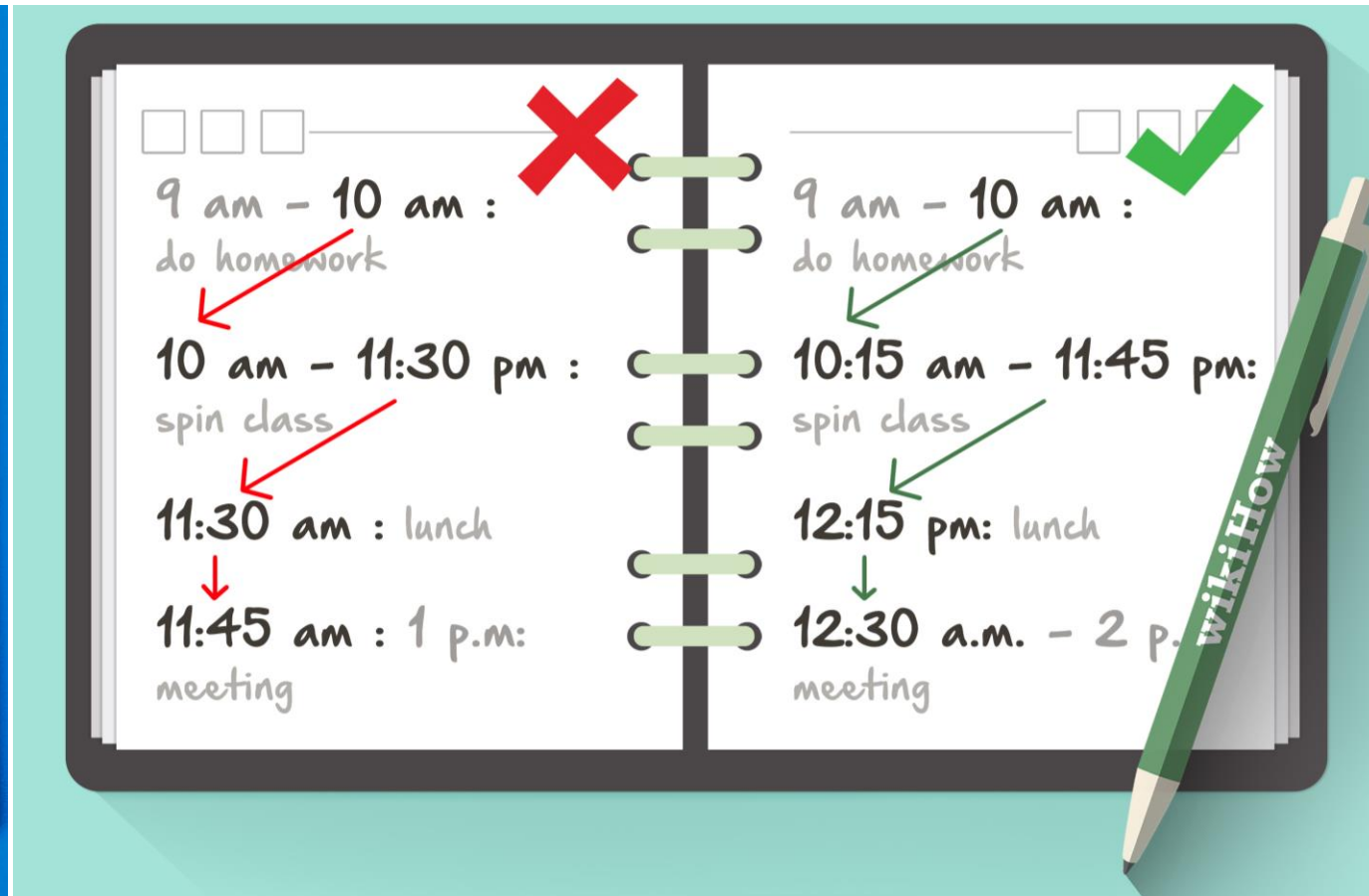
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4. **Sleep.** Don't underestimate the importance of those eight hours of zzz's every night! Getting a good night's rest will sharpen your focus and improve your working memory.



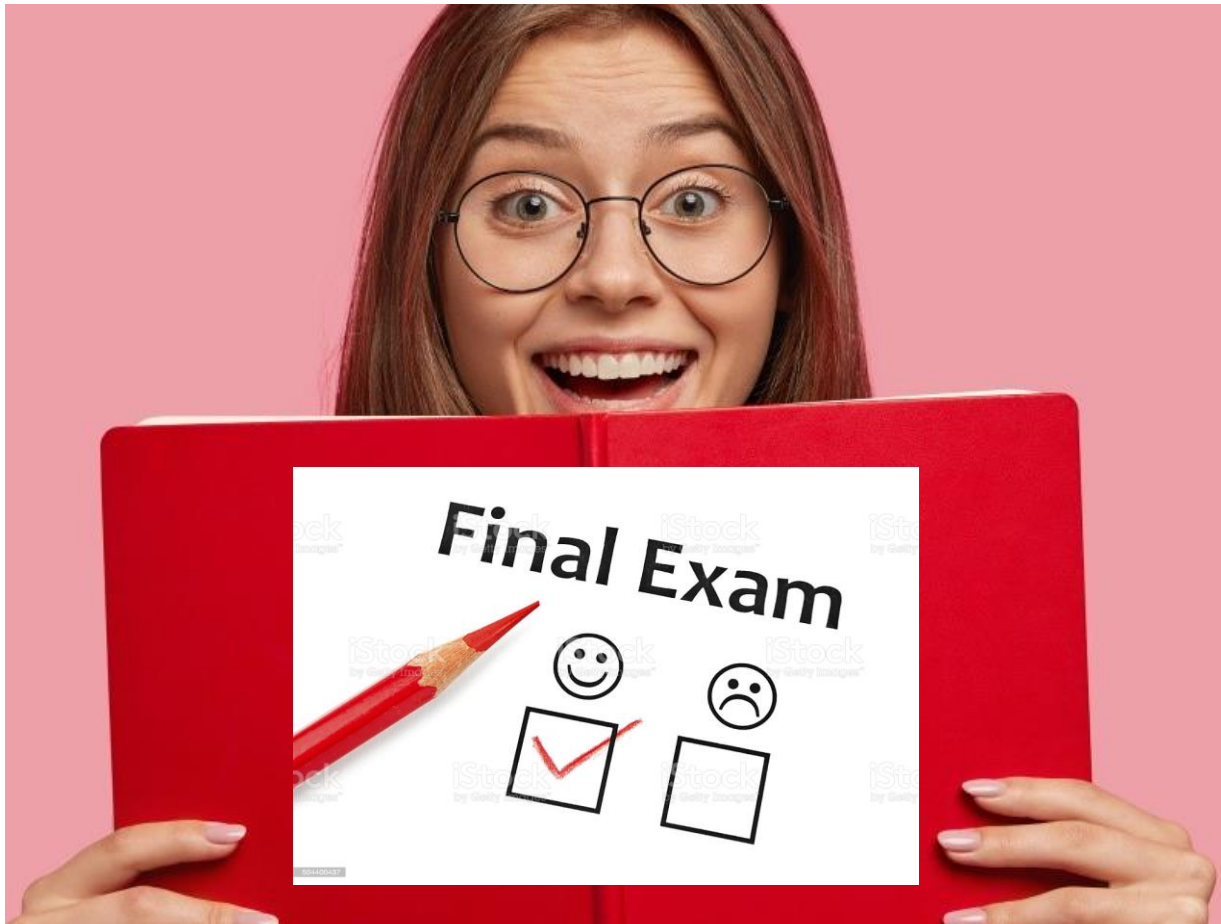
10 HABITS OF SUCCESSFUL STUDENTS

5. Set a schedule. Do you work better right after school or after you've eaten dinner? Are you more productive in 90-minute blocks or half-hour spurts? Find a schedule that works for you, and stick to it.



10 HABITS OF SUCCESSFUL STUDENTS

6. Take notes. Taking notes will not only keep you more engaged during class, but will also help you narrow down what you need to study when exam time rolls around. It's much easier to reread your notes than to reread your entire textbook!

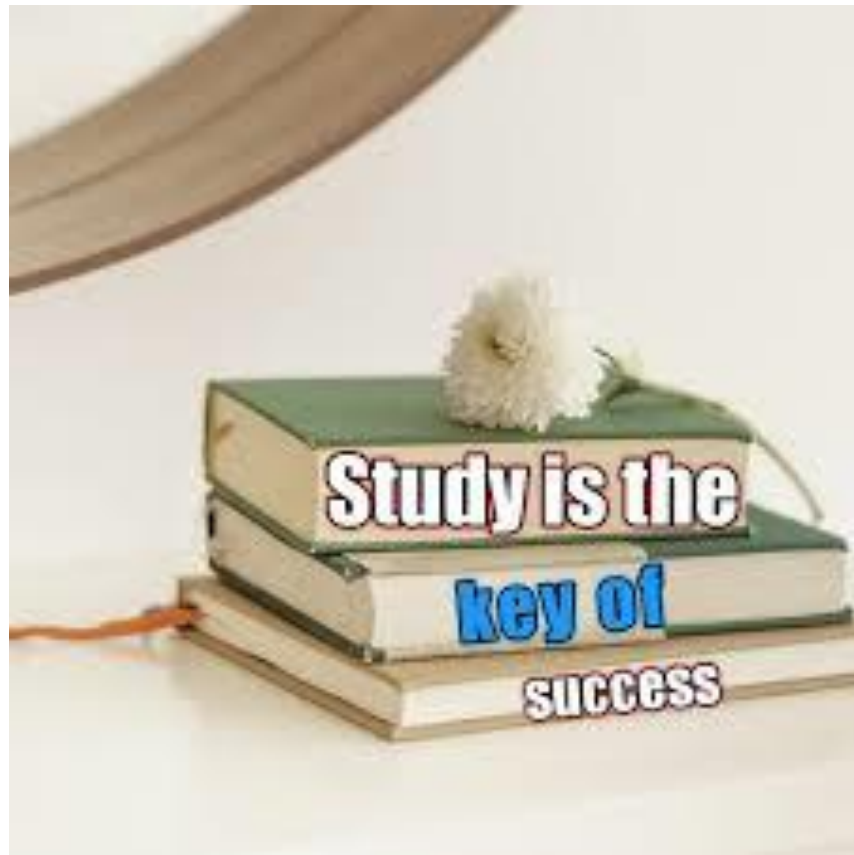


This research offers several contributions. Our finding of the positive effect of crowding is counterintuitive given prior studies that largely note negative effects. Specifically, in crowded retail stores, people tend to become more anxious, reduce their shopping time, and adopt risk-avoidance behaviors (Harrell et al. 1980, Maeng et al. 2013). Yet, in the context of subway trains, we find that crowding may actually increase purchase likelihood. In this sense, we contribute to the literature on crowding and retail environments by revealing a positive aspect of crowding: Mobile messages can be a welcome relief in a crowded subway environment. Theoretically, this finding is intriguing because crowding may reduce outside options and lead people to adaptively focus

Retail needs to solve the problem of crowded stores

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7. Study. This one might be obvious, but did you know that there's a right and a wrong way to study? Review your material several days ahead of time, in small chunks, and in different manners (for example, write flashcards one day and take practice tests the next). In other words, don't cram.



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8. Manage your study space. Find a place that will maximize your productivity. Look for places away from the television and other distractions. Whether it's your local library or just the desk in your bedroom, set aside a study space that you'll want to spend time in.



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9. Find a study group. Sitting down with a group of people who are learning the same things as you is a great way to go over confusing class material or prepare for a big test. You can quiz each other, reteach material, and make sure that everyone is on the same page. After all, teaching someone else is the best way to learn.



10 HABITS OF SUCCESSFUL STUDENTS

10. Ask questions. You're in school to learn, so don't be afraid to do just that! Asking for help - from a teacher, a tutor or your friends - is a surefire way to make sure you truly understand the material.

A photograph of two women sitting at a wooden table in a modern office or meeting room. One woman is looking at a laptop while the other looks on. Large windows in the background show a cityscape.

Don't be
Afraid to
Ask for
Help!

Jody Nelson

All You
Have to
Do Is

How to Master
the Most Important
Skill for Success

WAYNE BAKER

Ask

Thank

you



Useful sites and applications

1. Prezi

<https://prezi.com/trial-start/>

2. ResearchGate

<https://www.researchgate.net/profile/Qaraman-Koyee-2>

3. Google scholar

<https://scholar.google.com/citations?user=qZB5R0IAAAAJ&hl=en>

4. Sci-hub

<https://sci-hub.mkksa.top/>

5. Library genesis

https://libgen.is/search.php?req=Zoology&lg_topic=libgen&open=0&view=simple&res=25&phrase=1&column=def

6. Researcher App.