

University of Salahaddin- Hewler

Department of Social Work

4th Year 2022-2023



Classical Theories in Social Work

Course book

Instructor: Sangar Y. Salih

Office Hours: Monday 10:00– 12:30

Class Time: Saturday 8:30 -10:15

E-mail: Sangar.salih@su.edu.krd

Sunday 10:30-11:15

Classroom: Philosophy halls

Course description:

This course offers an orientation to social work theory. Students will become familiar with several social work theories, related concepts, and historical development. Utilizing the content of the course gives opportunities for students to experience practice situations through a variety of activities. This will help students to understand the very important relationship between theoretical orientation and stages of the helping process.

Course Objectives

This course is designed to:

- Educate students on the roles and importance of theory in social work and its relationship with practice.
- Identify the main theories in social work and related professions.
- Familiarize students with the historical development of each theory, its concepts, and its limitations.
- Develop student's tentative theoretical framework, based on the study of existing theories, and concepts, and also the examination of his or her own values, beliefs, behaviors, and feelings.
- Undertake empirical projects (assignments) to develop critical thinking and writing skills through personal reflection on the readings.

Course Outcomes:

Upon completion of this course, students will be able to:

- ✓ Identify the roles and importance of theory in social work and its relationship with practice.
- ✓ Demonstrate knowledge and understanding of main theories in social work and related disciplines.
- ✓ Highlight the historical development of each theory, its concepts, and its limitations.
- ✓ Discuss the influence of own attitudes and value judgments on subjects addressed in the social work theories.
- ✓ To think critically and have capacity to present their reflection through writings.

Teaching Methods

Lecture, seminar, student presentation, individual work, and selected readings.

Course Assignments and grading

1. Class attendance (5%)

Students must be seen in each lecture, fully prepared with the materials that given to them by their coordinator.

2. Weekly class participation and quizzes (5%)

Students should be prepared to discuss each week's assigned readings and to participate in role-playing exercises or demonstrations. Students must be prepared for sudden quizzes during the semester.

3. Theory paper (15%)

✚ Compare and contrast two theories discussed in this class. Identify contraindications of each, as well as strengths of each. Support your discussion with peer-reviewed scholarly articles. You may also use the text. Write your findings in a 3-5 page paper, using APA style. The following outline provides the structure which presentations should follow:

1. Identification and Definition of the Theories.
2. Key Concepts and Terms of the Theories.
3. Application of the Theories
4. Populations best suited for the Theories
5. Strengths, Limitations, and Differences of the Theories.
6. Theory best suited for your personality style.
7. Conclusion

✚ Students are responsible to submit their reports to the course instructor and the deadline is November 27, 2022 at 11:59 pm.

4. Exam (15%)

Students will have exam (s) in which they will be announced and they must be prepared.

Format and Procedures:

- ❖ You are expected to attend all lectures. If a student cannot attend a class session, the teacher must be notified prior to that.
- ❖ Please be on time and ready to begin class at the prescribed time.
- ❖ Make sure your **Cell** phone(s) is **turned off/ silent** within the class.
- ❖ You are expected to have read all the assigned readings for each class, and come prepared to engage in discussions on them.
- ❖ There will be unannounced quizzes in class to evaluate your comprehension of the assigned reading material.
- ❖ Use **EXTRA** available resources in the library or any academic references that helps to improve students' knowledge and understandings.
- ❖ Academic Dishonesty: academically dishonesty is a completely unacceptable code of conduct and will not be tolerated in any form.

Course readings:

- Langer, C. L. & Lietz, C. A. (2015). Applying theory to generalist social work practice. San Francisco, CA: John Wiley & Sons. ISBN: 978-1-118-85978-0
- Oko, J. (2011). *Understanding and using theory in social work*. Learning Matters.

Course Content

Weeks	Subject	Readings
Week 1	Course Orientation	
Week 2	Social work Theories	Barbra Teater, 2015
Week 3	The Role of Theories in Social Work Practice	Langer, C. L. & Lietz, C. A. (2015).Chapter one
Week 4	Ecological and systems theories	Langer, C. L. & Lietz, C. A. (2015).Chapter Two
Week 5	The Strengths Perspective	Langer, C. L. & Lietz, C. A. (2015). Chapter Three
Week 6	The Task-Centered Model	Langer, C. L. & Lietz, C. A. (2015). Chapter Four
Week 7	Mid-Term Exam 13th of November, 2022 Sunday	
Week 8	Learning theory	Oko, J. (2011).
Week 9	Conflict theory	Langer, C. L. & Lietz, C. A. (2015). Chapter five
Week 10	Humanism and Client-Centered Theory	Langer, C. L. & Lietz, C. A. (2015). Chapter Six
Week11	Assignment November 27, 2022	
Week 12	Cognitive and Behavioral Theories	Langer, C. L. & Lietz, C. A. (2015). Chapter
Week 13	Empowerment Theory	Langer, C. L. & Lietz, C. A. (2015). Chapter