



Warsaw University
of Life Sciences-Poland



Cihan University-Erbil
Kurdistan Region-Iraq



University of Babylon
College of Medicine-Iraq

**The 5th International Conference on Biomedical and Health
Sciences (CIC-BIOHS'2024)**

Certificate of Attendance

This certificate is awarded to

Siraj muhammed abdulla

For Attending the International Workshop entitled

***Mastering Stress: Cognitive Behavioral Therapy
(CBT)***

For Managing Stressful Thoughts

**During the 5th International Conference on Biomedical and
Health Sciences, Joint with Warsaw University of Life Sciences
and College of Medicine-University of Babylon.**

Cihan University-Erbil, Kurdistan region –Iraq

On March 6th-7th, 2024

**Prof. Dr. Amjad Saber Al-Delawi
President of Cihan University-Erbil
Conference Chairman**